

*Alberta's Centennial City™*



## City of Brooks – Recreation Services

### LEAGUE RULES

### Co-Ed Volleyball (Recreational & Competitive)

#### **ELIGIBILITY**

1. All players must be 16 years of age or older, with valid photo ID. **NO EXCEPTIONS**
2. All participants must be registered on the official roster and must have picture ID at all times. Additions to the roster are not permitted after third (3<sup>rd</sup>) week of regular play.
3. All participants on the official team roster must play at least two (2) regular season games to be eligible to play in play offs.
4. Teams may have a maximum of four (4) males/females on the floor at the same time.

#### **LEAGUE PROTOCOL**

1. Each match will consist of the best of five (5) games. Each game will be played to twenty-five (25) points, no cap, must win by two points (2). The rally point scoring system will be used.
2. All teams are expected to show up on time for all their games. A ten (10) minute default rule will be enforced.
3. At least 48 hours notice is needed if you are unable to make a scheduled game. Please contact Megan Soldan (information below) if needed. If a team is unable to make it to a scheduled game, they forfeit the game.
4. Teams in the recreational league may only have one player on the court who also plays in the competitive league. All 5 other players on the court must only be registered in the recreational league.

#### **DEFAULTS AND FORFEITS**

1. Team captains will have until the end of the third week of play to pay their registration fees. At that time, if teams have not paid their fees in full, they will be notified/reminded, and will not be allowed to play/will forfeit games until this fee is paid.
2. Ten (10) minute default rule: Each game must start by ten minutes past the scheduled start time. If a team does not have enough players at that time, it will default. The match can be played recreationally.

3. Teams with more than 4 males or more than 4 females on the floor must forfeit.
4. Teams with four (4) or fewer players must forfeit.
5. If an injury occurs during the match causing a team to have insufficient players, the match will continue as normal without further forfeit or default.

## **RULES**

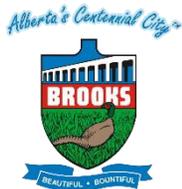
**Standard Volleyball Canada Rules apply. Exceptions are listed below.**

1. Substitutions may occur only in the position after the service position
2. Games are self-officiated. If there is a dispute that teams are not able to resolve on their own, the scorekeeper will make the call.
3. Jump-spike serves are not permitted, unless agreed by both teams to allow jump serves (penalty: loss of possession).
4. Back-row attacks are not permitted, unless agreed by both teams to allow back row attacks (penalty: loss of possession).
5. One 30-second timeout permitted each game (i.e. five 30-second timeouts per match).

## **STANDINGS**

1. League standings will be determined by games won.
2. Ties in the standings will be broken by:
  - a. Sets won
  - b. Points for and against
  - c. Coin toss

**FIGHTING, UNSPORTING CONDUCT OR DELIBERATE INTENT TO INJURE  
TOWARDS OFFICIALS OR PARTICIPANTS WILL NOT BE TOLERATED AND WILL  
RESULT IN AN AUTOMATIC SUSPENSION**



Megan Soldan  
Program Coordinator, Recreation Services  
[msoldan@brooks.ca](mailto:msoldan@brooks.ca)  
403-362-3622